

MRSA

methicillin-resistant *Staphylococcus aureus*



protect the ball

protect the goal

protect the line

But most importantly

protect the team

Cuts, scrapes, bruises - yup, it happens. When you're in the game these can't be avoided but infections can be. Protect your team from MRSA with these simple rules.

- + Keep personal items personal! Don't share towels, sports equipment, razors, clothes, etc.
- + Keep any wound covered and clean until it has fully healed.
- + Avoid contact with others' wounds or bandages.
- + As a general rule, always maintain good hand-washing habits.
- + If you have any questions regarding MRSA or a potential staph infection, contact your physician.

Identifying MRSA

A MRSA infection may look like a pimple, boil, or spider bite. Look for these signs to know when to seek medical attention for a skin injury:

Redness or swelling

Slightly painful to the touch

Oozing with puss or fluid

Rapidly progressing infection

Facts About MRSA

It is a type of staph bacteria

It can be found on the skin of many healthy people

It doesn't typically cause dangerous infection in healthy people

It commonly causes infection after an injury, like a cut or scrape

It can be treated by your doctor with alternative antibiotics

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